**O Jesus**, Eternal High Priest, live in (Name), act in him, speak in and through him.

Think Your thoughts in his mind, love through his heart.

Give him Your own dispositions and feelings.

Teach, lead and guide him always.

Correct, enlighten and expand his thoughts and behavior.

Possess his soul; take over his entire personality and life.

Replace him with Yourself.

Incline him to constant adoration and thanksgiving:

Pray in and through him.

Let him live in You and keep him in this intimate union always,

O Mary, Immaculate Conception,

Mother of Jesus and Mother of priests, Pray and intercede for (Name). Amen

## Litany of the Seven Sorrows of The Blessed Virgin Mary

V. Lord, have mercy on us. R. Christ, have mercy on us. V. Lord, have mercy on us. V. Christ, hear us. R. Christ, graciously hear us.

God, the Father of heaven,

+ have mercy on us, our Bishops, Priests, Deacons and Religious

God the Son, Redeemer of the world, +

God the Holy Spirit, +

Holy Trinity, One God,+

Holy Mary, Mother of God,

\*Pray for us, and our Bishops, Priests, Deacons and Religious

Holy Virgin of virgins, \*

Mother of the Crucified, '

Sorrowful Mother,\*

Mournful Mother,\*

Sighing Mother,\*

Afflicted Mother,\*

Forsaken Mother,\*

Desolate Mother,\*

Mother most sad,\*

Mother set around with anguish,\*

Mother overwhelmed by grief,\*

Mother transfixed by a sword,\*

Mother crucified in thy heart,\*

Mother bereaved of thy Son,\*

Sighing Dove,\*

Mother of Dolors,\*

Fount of tears,\*

Sea of bitterness,\*

Field of tribulation,\*

Mass of suffering,\*

Mirror of patience,\*

Rock of constancy,\*

Remedy in perplexity,\*

Joy of the afflicted,\*

Ark of the desolate,\*

Refuge of the abandoned,\*

Shield of the oppressed,\*

Conqueror of the incredulous,\*

Solace of the wretched,\*

Medicine of the sick,\*

Help of the faint,\*

Strength of the weak,\*

Protectress of those who fight,\*

Haven of the shipwrecked,\*

Calmer of tempests,\*

Companion of the sorrowful,\*

Retreat of those who groan,\*

Terror of the treacherous,\*

Standard-bearer of the Martyrs,\*

Treasure of the Faithful,\*

Light of Confessors,\*

Pearl of Virgins,\*

Comfort of Widows,\*

Joy of all Saints,\*

Queen of thy Servants,\*

Holy Mary, who alone art unexampled,\*

V. Pray for us, most Sorrowful Virgin,

R. That we may be made worthy of the promises of Christ.

Let us pray.

O God, in whose Passion, according to the prophecy of Simeon, a sword of grief pierced through the most sweet soul of Thy glorious Blessed Virgin Mother Mary: grant that we, who celebrate the memory of her Seven Sorrows, may obtain the happy effect of Thy Passion, Who lives and reigns world without end. *Amen*.

Litany composed by Pope Pius VII while held in captivity by Napoleon. For private devotions. From The Service Manual.

## The Seven Sorrows of Our Lady

- 1. The Prophecy of Simeon (Luke 2:35)
- 2. The Flight into Egypt (Matthew 2:13-15)
- 3. The Loss of Jesus in the Temple (Luke 2:41-50)
- 4. Mary meets Jesus Carrying the Cross
- 5. The Crucifixion (John 19:18)
  - 6. Mary Receives the Dead Body of Her Son (John 19:25)
- 7. The Burial of Her Son and Closing of the Tomb. (John 19:38-42)